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exercise physiology addresses the key areas of exercise physiology, adaptations to training, nutrition, health and the environment. Kolkhorst, F W and Buono, M J (2004) Virtual Exercise Physiology Laboratory .

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The physiology of endurance performance [Please review Châ€™s 12, 13, 14] (1) Joyner MJ & Coyle EF. Endurance exercise performance: the physiology of champions. Journal of Physiology 586(1):35-44, 2008 (2)

Foster et al. Pulmonary mechanics and gas exchange during exercise in Kenyan distance runners.

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